

## International Journal of Advanced Biochemistry Research



ISSN Print: 2617-4693  
 ISSN Online: 2617-4707  
 IJABR 2024; 8(1): 399-410  
[www.biochemjournal.com](http://www.biochemjournal.com)  
 Received: 07-10-2023  
 Accepted: 12-11-2023

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## Endophytes and their therapeutic application

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DOI: <https://doi.org/10.33545/26174693.2024.v8.i1f.434>

### Abstract

The human population is increasing at an alarming rate, and a variety of health issues are popping up, such as the increase in the number of drug-resistant microorganisms and side effects of drugs. The natural therapeutic compounds produced by endophytic microbes have several potential applications in the pharmaceutical industry. Endophytes are "all organisms inhabiting plant organs that can colonise within plant tissues without causing apparent harm to their host." These symbiotic microorganisms live inside the different tissue parts of the plant, like nodules, roots, bark, leaves, and stems. Endophytes can be categorised as obligate and facultative. Facultative endophytes can survive in the soil, on the plant surface, inside the plants, and on artificial nutrients, and endophytes that inhabit inside plant tissues throughout their lifespan are called obligate endophytes. Endophytic microorganisms have a unique property to synthesise bioactive compounds hurting plant and human pathogens. These bioactive compounds are terpenoids, steroids, xanthenes, phenols, perylene derivatives, quinines, furan diones, and terpenoids. Endophytes have discovered many bioactive compounds with insecticidal, antimicrobial, and anticancer properties in the last few years. Bioactive compounds produced by endophytes alone or in conjunction with host plants are eco-friendly and harmless for plants, animals, and humans. These are poorly investigated microorganisms; therefore, focus studies and trials are needed for specific applications of endophytes in antimicrobial resistance and drug discovery.

**Keywords:** Endophytes, secondary metabolites, therapeutic application, emerging potential

### Introduction

Antimicrobial resistance (AMR) is a natural evolutionary process for microorganisms (bacteria, fungi, viruses, and parasites), which is sped up by the selective pressure caused by the widespread use and abuse of antibiotics (World Health Organization 2020) [111]. In hospitals, towns, and nations, there is ample evidence between the use of antibiotics and resistance. It is one of the main issues with public health, particularly in developing countries like India, where antibiotics are more readily available, and misuse of them increases the likelihood of resistance. The number of individuals around the world is growing at an alarming rate, and numerous new health problems are emerging. The global fight against the growing problem of antibiotic resistance depends on research on antibiotics and other microbial natural compounds. To solve this issue, developing new and potent drugs containing natural compounds is necessary. Traditional medicine has achieved significant use of medicinal plants to promote immunity and human health. Due to their ability to synthesise various therapeutic natural compounds, they have also been found to contain a broad spectrum of pharmacological properties (Akerle *et al.*, 1991) [3]. Asthma, skin conditions, respiratory, gastrointestinal, and urinary disorders, and several illnesses traditionally treated using various medicinal plants (Akerle *et al.*, 1991; Bajguz, 2007) [3, 8]. Depending on the plant species, soil type, and relationship with microbial communities, the presence and amount of these biologically active metabolites in medicinal plants may change (Morsy 2014; Faeth and Fagan 2002) [64, 31].

Endophytes are symbiotic microorganisms that survive inside the various plant tissues, such as nodules, roots, bark, leaves, and stems, without harming the entire plant or its constituent parts. Around 300,000 higher plants exist worldwide, each containing one or more endophytic microorganisms (Barkodia *et al.*, 2018) [12]. Endophyte is derived from the Greek terms Endon, which means "inside," and phyte, which means "plants." Entophytae is a name coined by the German botanist Heinrich Friedrich Link to designate a particular group of

fungi that were partially planted parasites (Link, 1809) [56]. Bacteria and other microorganisms were later added to the definition of the term. Endophytic microorganisms were first identified under a microscope by De Bary in 1866 [25], who described them as "any organism that grows within plant tissues" (De Bary, 1866) [25].

Endophytes primarily invade the inside of plants through their roots and aerial parts, such as their leaves, flowers, stems, and cotyledons (Kobayashi *et al.*, 2000) [53]. They can spread throughout the entire host plant body and are localised at the place of invasion (Hallmann *et al.*, 1997) [39]. After invading, they remain in the host's cells, intercellular spaces, or vascular (tissue) system (Patriquin *et al.*, 1978; Jacobs *et al.*, 1985; Bell *et al.*, 1995) [97, 45, 15]. Endophytes are known to produce a wide variety of natural compounds after resting in plant tissues, which could be a reliable and effective source of medicines. As a result, the pharmaceutical, agrochemical, and biotechnology industries all have great potential for natural compounds derived from endophytic bacteria (Findlay *et al.*, 1997) [31].

### Types of endophytic microorganisms

Most endophytic microorganisms associated with plants include fungi and bacteria (actinomycetes or mycoplasma). Endophytic bacteria live inside plant tissues and are essential for both preventing disease and promoting plant growth. Gram-positive and Gram-negative endophytic bacterial species have been found in various plants

(Golinska *et al.*, 2015) [35]. These include *Pseudomonas*, *Acinetobacter*, *Agrobacterium*, *Bacillus*, and others. Endophytic microbes most commonly belong to the phyla Actinobacteria, Proteobacteria, and Firmicutes (Zhao *et al.*, 2011) [124]. *Streptomyces* is the most dominant endophyte that can synthesize bioactive metabolites (Holland *et al.*, 2011) [41]. *Mycoplasma* species have also been found as endophytes that have a symbiotic relationship with some red algae, including *Bryopsis pennata* and *Bryopsis hypnoides* (Bhardwaj and Agrawal 2014) [117]. Endophytic fungi are divided into two groups: clavicipitaceous endophytes, which affect some grasses, and non-clavicipitaceous endophytes, which originate from asymptomatic tissues of nonvascular plants, including ferns and their allies, conifers, and angiosperms (Jalgaonwala *et al.*, 2011) [46]. There are two primary categories of endophytic bacteria, i.e., facultative and obligatory. Obligate endophytes are those that live their entire lives inside the tissues of plants (Stoltzfus and de Bruijn 2000) [94], as opposed to facultative endophytes, which can thrive in the soil, on the surface of plants, inside plants, and on artificial nutrients (Baldani *et al.*, 1997) [10]. Several plant species and plantlets from *in vitro* cultures have also been reported to have uncultivable endophytic bacteria. Facultative (cultivable) are extensively distributed in the plant kingdom and can be isolated from different plant species to investigate their potential to produce naturally occurring products of commercial importance.

**Table 1:** Some specific examples of endophytic microorganisms and their sources

Sr. No.	Endophytic microorganisms	Endophytic sp.	Source	References
1.	Endophytic Actinomycetes	<i>Streptomyces</i> sp. GT2002/1503	<i>Bruguiera gymnorhiza</i>	Ding <i>et al.</i> , 2010 [27]
		<i>Streptomyces</i> sp. Loyola UGC	<i>Datura stramonium</i> L	Christudas <i>et al.</i> , 2013 [23]
		<i>Streptomyces</i> sp. JQ92617	<i>R. densiflora</i>	Akshatha <i>et al.</i> , 2014 [4]
2.	Endophytic Fungi	<i>Stemphylium globuliferum</i>	<i>Momordica charanti</i>	Pavithra <i>et al.</i> , 2014 [73]
		<i>Penicillium Oxalicum</i>	<i>Cupressus Torulosa</i>	Bisht <i>et al.</i> , 2016 [16]
		<i>Alternaria tenuissima</i> and <i>Diaporthe</i> sp	<i>Ocimum sanctum</i>	Kumar <i>et al.</i> , 2014 [54]
		<i>Aureobasidium pullulan</i>	<i>Boswellia sacra</i>	Dompeipen <i>et al.</i> , 2011 [29]
3.	Endophytic Bacteria	<i>Arthrobacter</i> sp. WWAT1, <i>Pseudomonas</i> sp. WYAT2, <i>Microbacterium</i> sp. WYAT3, <i>Psychrobacter</i> sp. WBAT4, <i>Enterobacter</i> sp. WWAT5, <i>Bacillus</i> sp. WBAT6, <i>Kosakonia cowanii</i> WBAT7, <i>Bacillus</i> sp. WBAT8, <i>Bacillus</i> sp. WBAT9, <i>Chromobacterium violaceum</i> WVAT6, <i>Serratia</i> sp. WPAT8 and <i>Burkholderia</i> sp. WYAT7.	<i>Artemisia nilagirica</i>	Ashitha <i>et al.</i> , 2019 [57]
		<i>Micrococcus endophyticus</i> VERA1, <i>Bacillus megaterium</i> VERA2, <i>Pseudomonas chlororaphis</i> VERA3, <i>P. kilonensis</i> VERA4, <i>Stenotrophomonas pavanii</i> VERA5, <i>B. endophyticus</i> VERA6, <i>S. maltophilia</i> VERA7, <i>Pantoea ananatis</i> VERA8, <i>B. atrophaeus</i> VERA9 and <i>M. flavus</i> VERA10.	<i>V. anthelmintica</i>	Rustamova <i>et al.</i> , 2020 [83]

### Endophytes as a source of secondary metabolites

Endophytes synthesize various bioactive secondary metabolites with unique structural characteristics, including alkaloids, benzopyranones, flavonoids, phenolic acids, quinones, steroids, terpenoids, tetralones, xanthenes, and many others. Such bioactive metabolites and a few other specialized metabolites are primarily produced by endophytic bacteria, fungi, and actinomycetes (Liarz *et al.*,

2016; Patil *et al.*, 2016; Yadav *et al.*, 2017) [75, 70, 114]. Endophytes synthesize secondary metabolites via three pathways: mevalonic acid, polyketide, and shikimic acid (Goyal *et al.*, 2017) [37]. This article briefly reviews some significant groups of secondary metabolites with various biological activities. These include organic acids, terpenoids, alkaloids, terpenoids, phenols, and enzymes.

### Terpenoids

There are 15,000–20,000 known structures in the terpenoid group. Its common origin is from mevalonate and isopentenyl pyrophosphate, and the lipophilic character of the structures sets it apart from other types of secondary metabolites. Chemically, terpenoids are typically cyclic unsaturated hydrocarbons connected to the fundamental isoprene skeleton with varying amounts of oxygen in the constituent groups. The number of isoprene structures and their carbon atoms in the molecules determine the nomenclature of terpenoids (Wagner and Elmadfa, 2003)<sup>[108]</sup>. Terpenoids consist of carbon isoprene units, which can be classified into monoterpenes, sesquiterpenes, and diterpenes; it is known that endophytes stimulate plants to produce common terpenoid compounds known as phytoalexins as protection against plant diseases (Fu-kang *et al.*, 2010)<sup>[134]</sup>. Reactive oxygen species (ROS) are produced in *Atractylodes lancea* by *Pseudomonas fluorescens* ALEB7B and the fungus endophyte *Gilmaniella* sp. AL12. This produces oxygenous sesquiterpenoids (Yuan *et al.*, 2016; Zhou *et al.*, 2016)<sup>[119, 126]</sup>. Recently, it was revealed that endophytic *Nemania bipapillata* produced botryane terpenoids from a red alga, chrysin, and *Asparagopsis taxiformis*, while endophytic *Chaetomium globosum* produced a flavone from *Chaetomorpha media*, a sea green alga (Medina *et al.*, 2019; Kamat *et al.*, 2020)<sup>[60, 50]</sup>.

### Alkaloids

In recent years, several alkaloids derived from endophytic fungi in plants have been identified to have excellent biological activities, such as antibacterial, insecticidal, cytotoxic, and anticancer properties. Endophytes include a variety of bioactive alkaloids, including ergot, parasite, loglines, and pyrrolizidine, which have promise as broad-spectrum insecticides and play significant roles in the food industry, medicine, and agriculture (Zhang *et al.*, 2012)<sup>[121]</sup>. A naturally occurring chemical molecule called alkaloids mainly comprises basic nitrogen. They are produced through the decarboxylation of amino acids such as tryptophan, tyrosine, ornithine, histidine, and lysine. Endophytic *Bacillus cereus*, *Serratia liquefaciens*, *Marmoricola* sp. SM3B, *Bacillus thuringiensis*, *Bacillus licheniformis*, *Bacillus thuringiensis*, *Bacillus licheniformis*, *Aranicola proteolyticus*, and *Acinetobacter* SB1B are the potential alkaloid producers (Liu *et al.*, 2015; Pandey *et al.*, 2016)<sup>[57, 68]</sup>. Recently, it was discovered that endophytic *Irpex lacteus* and *Phaeosphaeria oryzae* produce isoindolinone alkaloid irpexine (Sadahiro *et al.*, 2020)<sup>[85]</sup>. Meanwhile, endophytic *Phlegmariurus taxifolius* of the medicinal plant *Huperzia serrata* produces huperzine A (Cruz-Miranda *et al.*, 2020)<sup>[24]</sup>.

### Phenols

The shikimate pathway produces a broad class of dietary secondary metabolites known as polyphenols and have several disease-preventing qualities (Vald'es *et al.*, 2015; Lunardelli *et al.*, 2016)<sup>[106, 59]</sup>. A new phenolic molecule produced by an endophyte like *Pestalotiopsis mangiferae*, for instance, has significant antibacterial and antifungal activity against *B. subtilis*, *Klebsiella pneumoniae*, *Pseudomonas aeruginosa*, and *Candida albicans* (Subban *et al.*, 2013)<sup>[95]</sup>. According to (Abdel Razek *et al.*, 2020), endophytic *Penicillium citrinum*-314 from *Halocnemum*

*strobilaceum* produces a novel phenolic alkaloid called 3-amino-5-(3-hydroxybutan-2-yl)-4-methylphenol.

### Enzymes and organic acids

Specific enzymes produced from endophytes include acid and alkaline enzymes from *Aspergillus oryzae* and *A. niger*, neutral proteases from *Aspergillus flavus* and *A. sojae*, cellulase from *Trichoderma koningii*, diastase from *Aspergillus oryzae*, glucoamylase from *Aspergillus niger* and *A. oryzae*, lactase from *S. lactis* and *Rhizopus oryza* (Tiwari, 2015; Mishra *et al.*, 2019)<sup>[103, 62]</sup>. Microbial organic acids can be utilized as taste enhancers, acidifiers, stabilizers, or preservatives in the food and feed industries. Colletotric acid is produced by *Colletotrichum gloeosporioides*, citric acid by *Aspergillus Niger*, fumaric acid by *Rhizopus nigricans*, gluconic acid by *Aspergillus Niger*, Itaconic acid by *A. terreus* and kojic acid by *A. oryzae* are among the organic acids produced by endophytic fungi and citric acid has also been produced by *Yarrowia lipolytica* and associated yeast species.

### Therapeutic application of endophytes

Endophytes as sources of novel bioactive constituents with therapeutic potential applications. Both bacterial and fungal endophytes isolated from medicinal plants have the ability to produce novel bioactive compounds with various functional roles and pharmaceutically significant effects such as antibiotics, immunosuppressants, antioxidants, antiarthritic, antimicrobial, antidiabetic, anticancer, and anti-inflammatory activities could be utilised to address the need for new therapeutic agents to treat human diseases (Gunatilaka, 2006; Gouda *et al.*, 2016)<sup>[38, 36]</sup>. These compounds are typically derived from natural sources or created by microbial production through fermentation or other microbial transformation (Berger, 2009)<sup>[13]</sup>. Due to its promising applications, biotransformation has been the approach that has been used the most frequently among these (Borges *et al.*, 2009)<sup>[14]</sup>.

### Anticancer activity

The second greatest cause of mortality in the United States and a significant global public health issue is cancer. The pandemic of the coronavirus disease 2019 (COVID-19) adversely affected cancer diagnosis and therapy in 2020. Delays in diagnosis and treatment as a result of healthcare setting closures and COVID-19 exposure fear resulted in decreased access to care, which could cause a temporary decrease in cancer incidence followed by an increase in advanced disease and, ultimately, higher mortality. In 2020, it is estimated that there will be 19.3 million new cases of cancer worldwide (18.1 million excluding nonmelanoma skin cancer) and over 10 million cancer deaths (9.9 million excluding nonmelanoma skin cancer). With an expected 2.3 million new cases (11.7%), female breast cancer has surpassed lung cancer as the most often diagnosed malignancy. Lung (11.4%), colorectal (10.0%), prostate (7.3%), and stomach (5.6%) cancers are next in line. With an expected 1.8 million fatalities (18%), lung cancer continued to be the most common type of cancer. It was then followed by colorectal (9.4%), liver (8.3%), stomach (7.7%), and female breast (6.9%) cancers (Sung *et al.*, 2021)<sup>[97]</sup>. Cancer is one of the world's leading causes of death, and the continuous interest in cancer research is not surprising.



Various naturally occurring anticancer chemicals have been extracted from many sources, including endophytes, demonstrating the success of cancer research efforts. The endophyte *Metarhizium anisopliae*, which colonizes the bark of the *Taxus brevifolia* tree, produces the diterpenoid Taxol (C<sub>47</sub>H<sub>51</sub>NO<sub>14</sub>).

Due to its distinct mode of action, which blocks the depolymerization of tubulin molecules during cell division, it has drawn considerable attention as a potential anticancer agent (Schiff and Horwitz, 1980) [87]. According to recent research novel endophytic fungus, *Epicoccum nigrum* TXB502 from *Taxus baccata* was recently reported to produce Taxol (El-Sayed *et al.*, 2020) [30], and endophytic fungus, *Hypocrea lixii* from *Cajanus cajan* to produce an anticancer drug called cajanol (Zhao *et al.*, 2013) [125]. *Camptotheca acuminata*, an endophytic fungus that produces the potent antineoplastic chemical camptothecin (C<sub>20</sub>H<sub>16</sub>N<sub>2</sub>O<sub>4</sub>), is the precursor of anticancer agents, topotecan and irinotecan (Kusari *et al.*, 2009) [128]. Some Actinomycetes taxa, including Actinomyces, Streptomyces, Mycolatopsis, Saccharopolyspora, and Micromonospora, have been found to produce metabolites having anticancer activity. For instance, the endophytic Streptomyces sp. strain BO-07 from *Boesenbergia rotunda* produces biphenyls (Taechowisan *et al.*, 2017) [99]. It has been noted that the Streptomyces cavourensis strain YBQ59 from Cinnamomum cassia exhibits anticancer activities (Vu *et al.*, 2018) [107].

#### Antioxidant activity

Antioxidant substances protect cells from reactive oxygen species and free radicals, which can result in oxidative damage, cellular degeneration, and cancer. Most antioxidant substances have anti-inflammatory, antibacterial, anti-atherosclerotic, anti-carcinogenic, or antiviral activities that depend on concentration. Cancer, cardiovascular disease, atherosclerosis, hypertension, ischemia/reperfusion injury, neurological illnesses (Alzheimer's and Parkinson's diseases), rheumatoid arthritis, and aging are all considered to be ROS-linked diseases that can be effectively treated with antioxidants (Huang *et al.*, 2007) [42].

Antioxidant metabolites are frequently produced by bacterial and fungal endophytes. For example, it has been found that the phenolic compound Graphis lactone A, which was isolated from the endophytic fungus *Cephalosporium* sp., IFB-E001 that lives in *Trachelospermum jasminoides*, has antioxidant and free radical-scavenging properties *in vitro* (Song *et al.*, 2005) [92]. Furthermore, it has been documented that the ethanolic extract from the endophytic *Aspergillus fumigatus* of *Cajanus cajan*, which primarily contains luteolin, has antioxidant properties.

As evaluated by OH radical scavenging, DPPH, reducing power, xanthine oxidase inhibitory, and lipid peroxidation assays, the extract demonstrated significant antioxidant activity. Additionally, the extract significantly increased the expression of catalase (CAT), superoxide dismutase (SOD), and glutathione reductase (GR) activities in HepG2 cells and protect DNA from oxidative damage. Furthermore, flavipin, isolated from *Chaetomium globosum* CDW7, has been shown to have antioxidant properties; its concentration determined the antioxidant activity of the endophyte's crude extracts (Falade *et al.*, 2021) [32].

#### Antidiabetic activity

Diabetes mellitus is one of the most common systemic diseases in the world, and it occurs when the body develops insulin resistance or fails to produce enough insulin. According to the World Health Organization, the number of people with diabetes mellitus of all forms has increased dramatically over the past few decades and is predicted to reach 629 million by 2045 (Agrawal *et al.*, 2022) [2]. Various studies have revealed that certain endophytic extracts and chemicals have anti-diabetic properties. It has been reported that the endophytic *Aspergillus awamori* isolated from *Acacia nilotica* can produce an unidentified peptide with alpha-glucosidase and alpha-amylase inhibitory activities (Singh & Kaur 2016) [91]. The extract and the compounds "(S)-(+)-2-cis-4-trans-abscisic acid, 7-hydroxy-abscisic acid, and 4-des-hydroxyl altersolanol A" from *Nigrospora oryzae* hosted by *Combretum dolichopetalum* were reported to exhibit the ability to lower fasting blood sugar in mice with alloxan-induced diabetes (Uzor *et al.*, 2017) [105]. L-783,281 is a non-peptidic fungal metabolite that was found in the fungus *Pseudomassaria* sp. It mimics insulin and can significantly lower blood sugar levels in mice models. L783,281 is a new therapy for the treatment of diabetes because, unlike insulin, it is not degraded in the digestive system (Zhang *et al.*, 1999) [120].

#### Antimalarial activity

The antiplasmodial activity was reported in several endophytic isolates. The cyclodepsipeptide fusaripeptide A, derived from an endophytic fungus inhabiting *Mentha longifolia*, is one specific example of an antiplasmodial compound and remarkable anti-*Plasmodium falciparum* (D6 clone) activity was shown by fusaripeptide A (Ibrahim *et al.*, 2018) [44]. Another study found that the substance 3-(2-Hydroxypropyl) benzene-1,2-diol, which was isolated from an endophytic fungal strain, had anti-plasmodial activity against the multidrug-resistant K1 clone when dihydroartemisinin was used as the standard drug (Sommart *et al.*, 2008) [93]. Additionally, at 6.25 and 3.125 g/kg.b.wt, gancidin W, isolated from an endophytic bacterial strain (*Streptomyces* sp. SUK10) hosted by *Shorea ovalis*, displayed antimalarial activity against *Plasmodium berghei* PZZ1/100 *in vivo*, resulting in about 80% parasite growth suppression in male ICR mice strain.

#### Antiviral activity

The most curious microbes are viruses since they live both within and outside of their hosts. In essence, viruses need a host to reproduce or replicate, and during this process, they impact the host. The human body possesses defenses against viral invaders, but how effective they depend on the host's immune system, the size and nature of the virus, and other factors. Apart from influenza, herpes, dengue, etc., there has been a surge of viral infections over the past two decades, manifesting as major or minor outbreaks, epidemics, and pandemics, with SARS-CoV-2 being the most recent. One of the most likely ways to build up resistance to viral diseases is by getting vaccinated, but developing a promising vaccine takes a lot of effort. Viral disorders can also be treated with chemotherapy, which primarily targets the replication system of the virus inside the host. However, because of their underlying evolutionary process, they

develop into drug-resistant varieties. Thus, treating these disorders becomes more challenging for clinicians.

Considering this concept, it is vital to investigate innovative chemical structures that are powerful and effective against viruses and may eventually be developed into therapeutic agents. Fungi have been widely recognised as the source of novel chemical compounds with various pharmacological properties, including antiviral activity, which is primarily measured using diverse *vivo* experiments. However, antiviral drugs produced by fungal endophytes are a relatively recent discovery. *Aconitum transsectum* Diels' roots contain *Alternaria solani*, which has made a metabolite called 7-dehydroxyl-zinniol (23), with moderate anti-hepatitis B viral activity. The peel of *Punica granatum* was used to isolate *Alternaria alternata* PGL-3, another endophytic isolate. With an IC<sub>50</sub> value of 17 g/mL, the ethyl acetate extract of the culture broth of this fungus demonstrated highly strong inhibition of HCV NS3/4a protease. It produced the chemicals alternariol (4) and alternariol-9-methyl ether (11). Therefore, these chemicals are responsible for *Alternaria alternata* PGL-3's anti-HBV (Patil and Maheshwari, 2021) [71].

### Anti-Parasitic activity

Tropical diseases are caused mainly by pathogenic parasites that are vector- or non-vector-borne and are more common in people who live in unsanitary surroundings, have poor living situations, and are near animals. The estimated global prevalence of these tropical parasitic diseases is greater than 1 billion. Protozoans, helminths, bacteria, and viruses comprise the majority of harmful parasites in low areas. However, we should focus more on the parasitic diseases brought on by protozoans and helminths since they are more challenging to treat than diseases brought on by bacteria and viruses, which are more susceptible to vaccines. Producing vaccines for these parasitic organisms is challenging since they are difficult to cultivate in a lab, have a multicellular complex organisation, and complete their life cycle in many hosts. Small-molecule drugs are the best choice for treating these diseases. The variety of endophytic fungi found on tropical plants makes them the most significant source for screening and isolating compounds with anti-parasitic activity. In *Trixis vauthieri*, an Asteraceae plant from Brazil, *Alternaria* sp. UFMGCB 55 was seen as an endophyte and exhibited anti-trypanocidal properties. This endophytic isolate's bioactive extract was further isolated and produced the biphenyl tensin. *Alternata* P1210 made two chemicals, alternarlactones A and alternarlactones B, while living as an endophyte in the roots of the halophyte *Salicornia* sp. in Spain. Compounds revealed anti-parasitic efficacy against *Plasmodium falciparum* and *Leishmania donovani* (Shi *et al.*, 2019) [89].

### Antimicrobial activity

Metabolites with antibiotic action are low-molecular-weight organic natural compounds produced by microbes that are active against other microorganisms at low doses. Endophytes are believed to produce secondary metabolites as a defence mechanism against pathogenic invasion (Pimentel *et al.*, 2011) [74]. Endophytes produce a variety of antimicrobial substances, including alkaloids, peptides, steroids, terpenoids, phenols, quinines, and flavonoids. Due to the growing resistance of human and plant diseases to currently available medications and chemicals, there is an

urgent need for the identification of novel antimicrobials (Yu *et al.*, 2010). The genus *Xylaria* has also been related to a variety of antifungal substances. Among them are sordaricins, which are effective against *Candida albicans* (Pongcharoen *et al.*, 2008). The production of antimicrobial substances by numerous different endophytic bacterial and fungal species has also been reported, including 3-O-methylalaternin, altersolanol A, phomoenamides, phomodione, ambuic acid, isopestacin, and munumbicin A, B, C, and D. (Joseph and Priya, 2011; Pimentel *et al.*, 2011) [49, 74] two new endophytes from *Panax notoginseng*, *Fusarium* sp. PN8 and *Aspergillus* sp. PN17 was discovered to produce saponins with antibacterial activity (Jin *et al.*, 2017) [47]. Additionally, it has been observed that several endophytes of the species *Bacillus*, *Enterobacter asburiae*, *Pseudomonas*, *Variovorax*, *Stenotrophomonas*, *Rhodococcus*, *Penicillium*, and *Alternaria* exhibit quorum quenching activity by producing anti-quorum sensing chemicals such as quercetin, catechin, phytolapicidin, baicalein, and naringenin against a variety of gram-negative and gram-positive bacteria (Rajesh and Rai, 2014a; Asfour, 2018; Parlet *et al.*, 2019; Joo *et al.*, 2021) [81, 6, 69, 48].

### Endophytes as a source of antibiotics

Research on antibiotics and other microbial natural products is crucial in the global struggle against the escalating issue of antibiotic resistance. Finding new antibiotics to combat this issue is essential, and endophytes are one potential source of such antibiotics. Metabolites from microbial, plant, and animal life constitute natural products. These natural products are significant because they have traditionally served as sources of medicine. Natural products have frequently been used as sources for the lead compounds that gave rise to numerous synthetic drugs. Most endophytes produce various antibiotics; in fact, endophytes are one of the unexplored potential sources of new antibiotics. Some of the new antibiotics produced by endophytes include Ecomycins, Pseudomycins, Munumbicins, and Kakadumycins.

#### Ecomycins

The Ecomycins are a group of new lipopeptides that contain homoserine and  $\beta$ -hydroxy aspartic acid, two uncommon amino acids. Ecomycins are known to be produced by *Pseudomonas viridiflava*, an endophytic bacterium (Miller *et al.*, 1998) [61]. One of the fluorescent Pseudomonads related to plants, this endophyte has been found in the tissues of numerous grass species. The three antifungal lipopeptides produced by *P. viridiflava* strain EB273 have been isolated and are only partially characterized as Ecomycins A, B, and C. Ecomycin A is the only one of these three compounds that are similar to amino acid composition with a known antibiotic syringotoxin (Ballio *et al.*, 1990) [11]. Furthermore, research using the *P. viridiflava* strains EB274 (California, USA) and EB227 (Israel) of the same bacteria also produced antifungal lipopeptides with masses that are the same as those of Ecomycins B and C. (Harrison *et al.*, 1991) [40] showed that these compounds had the ability to suppress the human infections *Cryptococcus neoformans* and *Candida albicans*.

#### Kakadumycins

These are peptide antibiotics synthesised (in culture) by the endophytic bacterium *Streptomyces* (NRRL30566) from the northern Australian *Grevillea* tree (*Grevillea peridifolia*,

also known as *Grevillea chrysodendron* R.Br.) (Castillo *et al.*, 2003) [22]. Kakadumycin A and echinomycin, another quinoxaline antibiotic derived from *Streptomyces* and a potential anticancer drug, share chemical similarities. [53-54] Kakadumycin A is efficient against *P. falciparum* and shares the same antibacterial properties as Munumbicins (Waring and Wakelin 1994) [109]. Kakadumycin A is efficient against *P. falciparum* and shares the same antibacterial properties as munumbicins.

### Pseudomycins

The Pseudomycins are a class of peptide antifungal chemicals derived from liquid cultures of the plant-associated bacteria *Pseudomonas syringae*. These lipopeptide antifungal peptides also contain non-conventional amino acids such as D- and L-diamino butyric acid, L-hydroxy aspartic acid, and L-chlorothreonine. The Proteobacteria Phylum's Pseudomonadaceae family includes the *P. syringae*. The four-membered pseudomycin family, which includes pseudomycin A as the main member, shows remarkable effectiveness against the human pathogen *Candida albicans*. Hydroxy aspartic acid, serine, arginine, lysine, and diamino butyric acid are all components of Pseudomycins A through C. Contrarily, Pseudomycin D is more complex than Pseudomycins A–C and has a molecular mass of 2401 Da. They are discovered to be distinct from the *P. syringae* antimycotics previously reported, such as syringomycin, syringotoxin, and syringostatins. They are efficient against certain pathogenic fungi that affect humans and plants, such as *Candida albicans* and *Candida neoformans* (Harrison *et al.*, 1991) [40].

### Munumbicins

The Munumbicins are a novel class of four bioactive compounds. Munumbicins A, B, C, and D are recently discovered antibiotics having broad-spectrum activity against bacteria, fungi, and a species of *Plasmodium* that cause plant pathology. These compounds were derived from a bacterium known as *Streptomyces* NRRL 30562 that was deposited in the Medi Peoria USDA National Laboratory. The Snake vine (*Kennedia nigriscans*), a medicinal plant indigenous to Australia's northern area, contains the endophytic bacterium. The munumbicins work against Gram-positive bacteria such as *Staphylococcus aureus*, *Streptococcus pneumoniae*, *Bacillus anthracis*, and *Enterococcus faecalis* (Castillo *et al.*, 2002) [20]. A vancomycin-resistant strain of *E. faecalis* (VREF, ATCC 51299) and a methicillin-resistant strain of *S. aureus* (MRSA, ATCC 33591) are two Gram-positive bacterial strains that are frequently drug-resistant. A multi-drug resistant (MDR) acid-fast bacterium called *Mycobacterium* TB is susceptible to Munumbin B. The oddest thing about this situation is that only the MDR strain of *M. tuberculosis* was responsive to Munumbin B, whereas the drug-susceptible variant of this bacterium was less responsive. The munumbicins C and D are of particular interest since they are efficient against Gram-positive and harmful bacteria but also against the most pathogenic *Plasmodium* that causes malaria, *Plasmodium falciparum*. The most effective antimalarial medicine, chloroquine, was reportedly outperformed by Munumbicin D (Obianime *et al.*, 2009) [67].

**Xiamycins:** The Xiamycins are an example of indolosesquiterpenes isolated from plant materials. They are

newly discovered pentacyclic indolosesquiterpenes known as Xiamycin-A and its methyl ester-2, which were isolated from the endophyte *Streptomyces* sp. strain GT2002/1503 of the mangrove plant *Bruguiera gymnorrhiza*. It is interesting that Xiamycin-A has anti-HIV action that is only selective (Ding *et al.*, 2010) [27]. (Ding *et al.*, 2011) [28] reported the discovery of three new indolosesquiterpenes, Xiamycin B (1b), Indospene (2), and Serpentine (3), in addition to the well-known Xiamycin A (1a), in the culture broth of *Streptomyces* sp. strain HKI0595, a bacterial endophyte of the common mangrove tree, *Kandelia candel*. According to their research, these Xiamycins are effective against various bacteria, including methicillin-resistant *Staphylococcus aureus* and vancomycin-resistant *Enterococcus faecalis*.

### Emerging potentials of endophytes

In this article, we highlight the newly discovered potentials of endophytes in the generation of bioactive substances with inhibitory effects on multi-resistant *Staphylococcus aureus* (MRSA), lipase, antibiofilm metabolites, nanoparticle biosynthesizers. Because most of these properties have only recently been revealed with relatively limited investigations, these traits are considered to be emerging in endophytes.

#### 1. Production of anti-MRSA compounds

*Staphylococcus aureus* is a part of our natural microbiota, occasionally threatens human life as a pathogen, and is "a significant source of hospital and community-acquired infections" (Kim *et al.*, 2020) [52]. *S. aureus* is among the most challenging pathogenic bacteria to treat, because of its morphological features of multiple drug resistance, which inhibit the efficiency of antibiotic therapy. However, recent research has identified bioactive substances that can stop MRSA from growing in endophytic bacteria. When extracted from the endophytic fungus *Heritiera fomes*, *Pestalotia* sp., oxysporone, and xylitol exhibited significant inhibitory action against six MRSA strains (Nurunnabi *et al.*, 2018) [66].

#### 2. Antibiofilm potential

Biofilms are defined as communities of microorganisms that are attached to a surface and play a significant role in the persistence of bacterial infections. In comparison to planktonic bacteria, bacteria within a biofilm are several orders of magnitude more resistant to antibiotics. No drugs targeting bacterial biofilms are currently being investigated in clinical trials (Rabin *et al.*, 2015) [77]. Endophytic strains that have antibiofilm potential may be used in various biotechnological fields, such as antibiofilm therapies and biomedical applications (Rajesh and Rai, 2015b) [82]. (Rajesh and Ravishankar, 2014) [81] exhibited the antibiofilm potential of *Bacillus firmus* PT18 and *Enterobacter asburiae* PT39 isolated from *Pterocarpus santalinus* Linn. against *Pseudomonas aeruginosa* PAO1, which may be used for medical antibiofilm applications. In clinically important pathogens like *Staphylococcus capitis* 267 and *S. haemolyticus* 41 strains, *Nocardiosis* sp., associated with *Zingiber officinale*, showed a dose-dependent biofilm suppression with >90% efficacy. As a result, the bioactive components from *Nocardiosis* sp. extract would be good candidates for use in biomedical applications that target biofilms (Sabu *et al.*, 2017) [84]. It has been reported that there are potential uses for antibiofilm produced by endophytes in the treatment of diabetic conditions. As an



illustration, *Alternaria destruens*, hosted by *Calotropis gigantea*, simultaneously had alpha-glucosidase inhibitory potentials (Kaur *et al.*, 2020) <sup>[51]</sup>.

### 3. Novel lipase inhibitor sources (LIs)

Obesity is a significant public health concern around the world, due to its link with various comorbidities, which sharply increases an individual's risk of "morbidity and mortality" in obese individuals (Falade *et al.*, 2021) <sup>[32]</sup>. Furthermore, obesity is becoming more prevalent in a variety of developed countries. Several obese people are suffering frustration because of their repeated failures to lower their body mass index (BMI) through physical exercise. As a result, people are in serious need of effective drugs and weight loss strategies. It is exciting that LIs, which are intriguing alternative therapies for the treatment of obesity and overweight, maybe a good choice for such individuals. LIs function by decreasing the intestinal absorption of dietary lipids. This happens when LIs bind to lipase in a competitive manner to prevent the conversion of triglycerides to monoglycerides and fatty acids. Therefore, LIs have the potential to reduce weight in patients who are obese significantly and, as a result, lower the risk of comorbidities, including type-2 diabetes and cardiovascular disorders. Recent reports have suggested that endophytes are potential sources of novel LIs. A ginger endophytic actinobacterial strain produced secondary metabolites with promising pancreatic lipase inhibitory activity. Because the inhibition percentage ( $\approx 90\%$ ) was significantly higher than that of ginger extract ( $\approx 69\%$ ) and standard LI (orlistat), which had an approximate inhibition rate of 88%. The endophytic bacterial strain exhibited considerable substantial lipase inhibitory activity, which may be attributed to the presence of terpenoids, phenols, tannins, flavonoids, alkaloids, and saponins in the endophyte (Rahayu *et al.*, 2019) <sup>[79]</sup>. Similarly, bioactive compounds from the endophytic fungus *Phomopsis* sp., cyclosporine B, and dothiorelone A, had outstanding lipase inhibitory efficacy as they had greater IC<sub>50</sub> values than orlistat, which was used as the standard LI (Sheng *et al.*, 2020) <sup>[88]</sup>.

### 4. Nanoparticle synthesisers

Because of the extensive functionality, potential bioactivity, non-pathogenic nature, and enormous therapeutic utility of these particles, the biosynthesis of nanoparticles utilising both bacterial and fungal endophytic microorganisms has become an emerging frontier technology (Saravanan *et al.*, 2020) <sup>[86]</sup>. Various endophytes have been used to synthesise silver and gold nanoparticles. These biosynthesised nanoparticles have a broad range of potential uses in nanomedicine due to their antibacterial, antifungal, antioxidant, antimicrobial, antidiabetic, anticancer, and photocatalytic degradation capabilities (Rahman *et al.*, 2019) <sup>[80]</sup>. Silver nanoparticles are extensively used in biolabeling, antibacterial agents, catalysts, and sensors due to their unique optical, electrical, and magnetic qualities. Endophytic bacteria including *Bacillus cereus*, *Bordetella* sp., and *Pseudomonas veronii* obtained from the host plants *Adhatoda beddomei*, *Piper nigrum*, and *Annona squamosa*, respectively, have been used to synthesise silver nanoparticles that have been shown to exhibit antibacterial activity (Sunkar and Nachiyar, 2012; Thomas *et al.*, 2012; Baker *et al.*, 2015) <sup>[98, 104, 9]</sup>. The biosynthesis of the production of silver nanoparticles from endophytes and their

potential uses in therapeutics has been a systematic review by (Rahman *et al.*, 2019) <sup>[80]</sup>. Additionally, the endophytic bacterial extract *Pantoea ananatis* used to synthesise the silver nanoparticles showed notable antibacterial efficacy against *Candida albicans* and *B. cereus* which are resistant to conventional antibiotics (Monowar *et al.*, 2018) <sup>[63]</sup>.

5. Promising bioresources for developing NTDs therapeutics Neglected tropical diseases (NTDs) are a diverse group of infectious diseases prevalent in over 140 countries' tropics and subtropics WHO (2012) <sup>[110]</sup>. Approximately 18 illnesses have been classified by the WHO as NTDs, which comprise several other diseases, including schistosomiasis, human African trypanosomiasis, leprosy, Buruli ulcer, Chagas disease, and leishmaniasis.

According to the WHO, NTDs have an annual economic impact on developing countries of over one billion people. The WHO created a strategy to prevent, control, eliminate, and eradicate NTDs. It recommended preventative chemotherapy and the need to improve the management of NTDs as some of the significant approaches WHO (2021) <sup>[112]</sup>. Therefore, it is remarkable that active compounds from endophytes have demonstrated significant anti-leishmanial, antitypanosomal, and schistosomicidal action (Brissow *et al.*, 2017; Tawfike *et al.*, 2019) <sup>[119, 102]</sup>, which indicates that endophyte secondary metabolites are potential candidates for the control of NTDs. Endophytes, however, currently need to be explored in the development of prospective therapeutic candidates for the treatment of NTDs. Therefore, future research initiatives should focus on this direction because endophytes are promising bioresources for new natural bioactive substances for treating NTDs.

6. Drug development for coronavirus disease 2019 (COVID-19) Ongoing research aims to identify novel compounds that can block one or both CoV-2 proteins from competitively interacting with their target substrate. Docking of natural antiviral compounds found in Chinese medicinal plants tested against spike glycoprotein and 3CL exhibited some intriguing results (Zhang *et al.*, 2020) <sup>[124]</sup>. As endophytic microorganisms are recognised for secreting secondary metabolites, endophytes from anti-COVID-19 medicinal plants can generate bioactive substances with promising CoV-2 protein inhibitory activity. Therefore, endophytes from medicinal plants with known antiviral effects can be investigated to isolate new drugs with SARS-CoV-2 spike glycoprotein and 3CL protease inhibitory action (Falade *et al.*, 2021) <sup>[32]</sup>.

### Conclusion

Endophytes are under-explored superheroes, capable of synthesising secret chemicals that can be targeted against numerous disease-causing pathogens. Besides having wide therapeutic applications, focused studies and trials need to be conducted for their specific applications in Anti-microbial resistance and new drug discovery. The application of metagenomics combined with next-generation sequencing technologies is expected to open the numerous unexplored pools of antimicrobials secreted by yet uncultivated endophytic microbes. It is crucial to examine and emphasise the past achievements, ongoing research, and most recent advancements in research related to endophytic microbes to draw the research community's attention to this developing topic and potential exploitation of the available sources for their therapeutic purposes in numerous fields, such as the medical, pharmaceutical, food, and cosmetics industries.

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