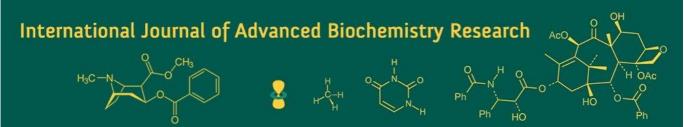
International Journal of Advanced Biochemistry Research 2025; SP-9(11): 1103-1106



ISSN Print: 2617-4693 ISSN Online: 2617-4707 NAAS Rating (2025): 5.29 IJABR 2025; SP-9(11): 1103-1106 www.biochemjournal.com Received: 19-09-2025 Accepted: 23-10-2025

Shubham Raj

Guest Faculty, Lady Irwin College, University of Delhi, New Delhi, India

Sasmita Dandasena

Lecturer in Home Science, Sarbati Devi Women's College, Rajgangpur, Odisha, India

Mantosh Kumar

Research Scholar, College of Community Science, Swami Keshwanand Rajasthan Agricultural University, Bikaner, Rajasthan, India

Women, globalization, and development: Navigating the 21st-century state

Shubham Raj, Sasmita Dandasena and Mantosh Kumar

DOI: https://www.doi.org/10.33545/26174693.2025.v9.i11Sn.6387

Abstract

Globalization has profoundly influenced women's roles across economic, political, and social domains, offering both significant opportunities and persistent challenges. As nations integrate into the global economy, women have gained increased access to education, employment, and political participation. However, globalization has also intensified gender inequalities, particularly in wages, labor rights, and leadership opportunities. Women continue to face barriers such as wage gaps, lack of access to financial resources, and underrepresentation in decision-making roles. This paper explores the multifaceted relationship between globalization and women's development, focusing on economic empowerment, political inclusion, and social transformation. Economic opportunities have expanded for women through increased workforce participation, entrepreneurship, and digital financial inclusion. Case studies such as Rwanda's Gender-Inclusive Political Transformation illustrate how legal reforms and international advocacy can drive women's representation in governance. Rwanda currently holds one of the highest percentages of women in parliamentary positions, demonstrating the success of policy interventions in fostering political equality. Similarly, India's Self-Help Groups (SHGs), supported by initiatives like the National Rural Livelihoods Mission (NRLM), have been instrumental in promoting financial inclusion, enabling women to establish businesses and attain economic independence. Despite these advancements, systemic challenges remain, including restricted access to credit, societal norms limiting female participation, and inadequate legal protections. To ensure sustainable development, future strategies should focus on gender-sensitive economic policies, inclusive labor market reforms, and stronger legal frameworks that uphold women's rights. By examining global trends and case studies, this paper advocates for multi-sectoral collaboration and policy interventions that support gender equality and empower women in an increasingly interconnected world.

Keywords: Globalization, women's empowerment, economic participation, political representation, gender equality

Introduction

The 21st century has witnessed unprecedented transformations in economic, political, and social structures, largely influenced by globalization. Women, as key agents of development, have been at the center of these changes, experiencing both opportunities and challenges in an increasingly interconnected world. Globalization has facilitated access to education, employment, and political participation for women, yet it has also exacerbated gender inequalities by reinforcing traditional structures of discrimination and exploitation (Moghadam, 2020) [13]. The expansion of multinational corporations and labor markets has created new economic avenues, but women often find themselves in precarious, low-wage jobs with limited social protection (True, 2018) [20].

Moreover, globalization has led to significant shifts in governance, with states adapting policies to address gender disparities in alignment with international frameworks such as the Sustainable Development Goals (United Nations, 2015) [22]. However, policy implementation remains inconsistent, and many women, particularly in developing nations, continue to struggle for basic rights and economic security (Chant & Sweetman, 2012) [2]. Cultural factors also play a crucial role in shaping women's experiences within globalized societies, as traditional gender roles often conflict with modern economic expectations (Rai & Waylen, 2014) [17].

Corresponding Author: Shubham Raj Guest Faculty, Lady Irwin College, University of Delhi, New Delhi, India This review paper critically examines the intersection of women, globalization, and development in the 21st century. By analyzing existing literature and case studies, it highlights the impact of globalization on gender dynamics and explores strategies to foster inclusive development. Addressing these complexities is crucial for ensuring equitable growth and empowering women as active participants in global progress.

Methodology

This review employs a systematic approach to analyzing the intersection of women, globalization, and development in the 21st-century state. Data were gathered from peer-reviewed journal articles, policy reports, and case studies published by reputable organizations such as the United Nations, World Bank, and international development agencies. The selection criteria focused on gender equity, economic participation, policy frameworks, and social empowerment initiatives that influence women's roles in global development. A comparative analysis of successful gender-responsive policies and programs was conducted to highlight best practices and persistent challenges. This qualitative synthesis provides insights into the effectiveness of various strategies in promoting women's empowerment and their broader impact on sustainable development.

Economic Empowerment and Labor Market Participation

Globalization has integrated women into the global labor force, with multinational corporations, outsourcing, and digital economies creating new employment avenues. However, the benefits of globalization have not been equitably distributed. Women often face wage disparities, limited access to leadership positions, and exploitation in informal sectors (Seguino, 2019) [18]. The feminization of labor has led to increased female employment in manufacturing and service industries, yet these positions are frequently low-paying with little job security (Elson, 2017) [5]. As of recent data by World Bank, women constitute approximately 39% of the global labor force. Additionally, women's unpaid domestic labor remains a significant issue, limiting their economic independence and career advancement opportunities.

To address these disparities, policy interventions such as equal pay regulations, labor rights enforcement, and financial inclusion programs must be strengthened. Microfinance initiatives and entrepreneurship programs have shown promise in enhancing women's economic agency, particularly in regions where formal employment opportunities are scarce (Kabeer, 2020) [11].

Political Participation and Governance

Women's political representation has improved globally, but challenges persist. Globalization has facilitated transnational feminist movements advocating for gender-inclusive governance, yet systemic barriers continue to limit women's leadership in politics and decision-making bodies (Waylen, 2019) [24]. Despite international agreements such as the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW), political participation remains disproportionately low in many parts of the world, particularly in patriarchal societies where gender norms discourage female leadership (Krook, 2021) [12]. As of 2023, women hold 26% of parliamentary seats

worldwide, reflecting gradual progress in political inclusion (United Nation, 2024) [21].

Strategies for enhancing women's political participation include gender quotas, leadership training programs, and institutional reforms that address gender biases in governance structures. Countries that have implemented gender quotas, such as Rwanda and Sweden, have demonstrated significant improvements in women's political representation and policy influence (Tripp, 2021) [19].

Migration and Transnational Mobility

Globalization has accelerated female migration, with women increasingly moving across borders for economic opportunities, education, and family reunification. While migration can enhance economic autonomy, it also exposes women to risks such as labor exploitation, trafficking, and xenophobic discrimination (Piper, 2019) [16]. Migrant women often work in informal sectors such as domestic labor and caregiving, where they experience precarious conditions and legal vulnerabilities. Ganguly-Scrase outlines that although globalization may enhance opportunities for women, it simultaneously perpetuates structural gender inequalities that challenge this progress (Ganguly-Scrase, 2003) [7]. This perspective resonates with the findings of Cho, who emphasizes the necessity of considering social dimensions alongside economic integration to fully understand their impact on women's rights (Cho, 2012; Cho, 2013) [3, 4].

Policy responses must prioritize migrant women's rights through legal protections, fair labor policies, and access to social services. Countries that have integrated gendersensitive migration policies, such as Canada and Germany, provide models for inclusive frameworks that safeguard migrant women's well-being (Freedman, 2020) [6]

Cultural Shifts and Social Transformation

Globalization has influenced cultural perceptions of gender roles, fostering shifts in societal norms regarding women's rights and opportunities. The rise of digital media and transnational activism has facilitated awareness campaigns addressing gender-based violence, reproductive rights, and workplace discrimination (Peake & Rieker, 2018) [15]. However, cultural resistance remains a challenge, particularly in regions where traditional gender norms conflict with global gender equality movements.

Education and media representation play vital roles in challenging stereotypes and promoting gender-inclusive narratives. Grassroots organizations and global feminist movements have been instrumental in driving policy changes and altering cultural perceptions of women's roles in society (Basu, 2019) [1].

Case Studies and Success Stories Rwanda's Gender-Inclusive Political Transformation

Rwanda has emerged as a global leader in women's political representation, with women holding 61.3% of parliamentary seats as of 2023 (Inter-Parliamentary Union, 2023). Postgenocide rebuilding efforts focused on gender equality, integrating women into governance structures through legal reforms and political quotas. This case demonstrates how globalization and international advocacy can shape national policies to enhance women's leadership and decision-making roles.

India's Self-Help Groups (SHGs) and Financial Inclusion In India, self-help groups (SHGs) supported by the National Rural Livelihoods Mission (NRLM) have empowered millions of women by providing microfinance and entrepreneurship opportunities. According to the International Monetary Fund (IMF, 2022) [9], SHGs have contributed to increased income generation, improved literacy rates, and greater financial autonomy for rural women. However, access to credit remains uneven due to systemic gender biases in financial institutions.

Challenges and Future Directions

While globalization presents numerous opportunities for women's advancement, structural barriers continue to impede gender equality. Challenges such as wage gaps, limited access to education and healthcare, gender-based violence, and political underrepresentation necessitate targeted policy interventions. Approximately 1 in 3 women worldwide have experienced physical or sexual violence, a statistic that has remained largely unchanged over the past decade (United Nation, 2024) [21]. Future strategies should emphasize:

- Strengthening legal frameworks to ensure gender parity in labor markets and political representation
- Expanding access to education and vocational training programs
- Enhancing protections for migrant women and informal workers
- Leveraging technology to promote digital financial inclusion and economic participation

Collaborative efforts among governments, international organizations, and civil society are essential for ensuring that globalization contributes to equitable and sustainable development for women worldwide.

Conclusion

Women's role in globalization and development is multifaceted, presenting both opportunities and challenges in achieving gender equality. While globalization has facilitated economic, political, and social progress, persistent barriers require urgent policy attention. By integrating gender-sensitive policies, inclusive economic strategies, and transnational advocacy, globalization can serve as a catalyst for sustainable and equitable development. Moreover, women's empowerment through education and economic opportunities is framed as pivotal for narrowing the gender gap and fostering overall economic growth. Islam and Ghosh argue that empowering women fundamentally transforms power relationships within society, enabling women to transcend traditional gender norms and achieve equality (Islam & Ghosh, 2024). The future of gender equality in a globalized world depends on continued collaborative efforts that empower women and dismantle systemic barriers to their progress.

References

- 1. Basu A. Women's movements in the global era: The power of local feminisms. London: Routledge; 2019.
- 2. Chant S, Sweetman C. Fixing women or fixing the world? 'Smart economics', efficiency approaches, and gender equality in development. Gender & Development. 2012;20(3):517-529.

- 3. Cho S. Integrating equality-globalization, women's rights, and human trafficking. SSRN Electronic Journal. 2012.
- 4. Cho S. Integrating equality: Globalization, women's rights, and human trafficking. International Studies Quarterly. 2013;57(4):683-697.
- 5. Elson D. Recognizing and reducing women's unpaid care work in global policy. Journal of Gender Studies. 2017;26(3):345-362.
- 6. Freedman J. Gender, violence, and security: Discourse as practice. London: Routledge; 2020.
- 7. Ganguly-Scrase R. Paradoxes of globalization, liberalization, and gender equality. Gender & Society. 2003;17(4):544-566.
- 8. Government of Rwanda. Gender equality and women's empowerment in governance. Kigali: Ministry of Gender and Family Promotion; 2023.
- 9. International Monetary Fund. Financial access and inclusion: Women's empowerment through self-help groups in India. Washington, DC: IMF; 2022. Available from: https://www.imf.org/en/Publications
- 10. Islam M, Ghosh S. Women empowerment through education and training for economic growth and development: Challenges and implementation. International Journal of Advanced Academic Studies. 2024;6(2):26-30.
- 11. Kabeer N. Gender equality and women's empowerment: A critical analysis of the third Millennium Development Goal. Gender & Development. 2020;28(1):15-31.
- 12. Krook ML. Violence against women in politics. Oxford: Oxford University Press; 2021.
- 13. Moghadam VM. Globalization and gender. 2nd ed. Lanham: Rowman & Littlefield; 2020.
- 14. National Rural Livelihoods Mission (NRLM). Empowering rural women through self-help groups: A financial inclusion approach. New Delhi: Ministry of Rural Development, Government of India; 2022.
- 15. Peake L, Rieker M. Rethinking feminist interventions in the urban. London: Routledge; 2018.
- 16. Piper N. Gender, migration, and the global race for talent. Journal of Ethnic and Migration Studies. 2019;45(8):1357-1374.
- 17. Rai SM, Waylen G. New frontiers in feminist political economy. London: Routledge; 2014.
- 18. Seguino S. The feminist economics of globalization. Cambridge: Cambridge University Press; 2019.
- 19. Tripp AM. New trends in women and politics in Africa. In: The Palgrave handbook of African women's studies. Cham: Palgrave Macmillan; 2021. p.517-537.
- 20. True J. The political economy of violence against women. Oxford: Oxford University Press; 2018.
- 21. United Nations Women. Gender snapshot 2024: Equality, development, and progress. New York: United Nations; 2024. Available from: https://www.unwomen.org/en/digitallibrary/publications
- 22. United Nations. Transforming our world: The 2030 agenda for sustainable development. New York: United Nations; 2015.
- 23. United Nations. The world's women 2020: Trends and statistics. New York: United Nations Department of Economic and Social Affairs; 2020. Available from: https://www.un.org/en/desa/world's-women-2020

- 24. Waylen G. Gender and governance. London: Palgrave Macmillan; 2019.
- 25. World Bank. Labor force participation rate, female (% of total labor force). World Development Indicators; 2024. Available from:

 $https://data.worldbank.org/indicator/SL.TLF.TOTL.FE. \\ ZS$